



# INGREDIENT SPOTLIGHT

## Gut

PROBIOTIC  
ENZYMES  
TURKEY TAIL  
CHROMIUM PICOLINATE  
AFRICAN MANGO

## Brain/Mood

LIONS MANE  
L-TYROSINE  
ACETYL L CARNITINE  
MAGNOLIA BARK  
d3 WITH k2 FOR  
ABSORPTION

## Stress

REISHI MUSHROOM  
MAITAKE MUSHROOM  
ASHWAGANDHA  
RHODIOLA  
L-THEANINE

## Hair/Skin/Nails

BIOTIN  
HYALURONIC ACID  
HYDROLYZED BOVINE  
COLLAGEN  
HYDROLYZED FISH  
COLLAGEN

## Inflammation

N ACETYL CYSTEINE  
MACA  
CoQ10  
SELENIUM

## Detox

TURMERIC  
SHARK CARTILAGE  
CHICKEN BONE BROTH  
EGGSHELL MEMBRANE  
CHAGA MUSHROOM

## Energy

CORDYCEPS  
GREEN TEA CAFFEINE  
B COMPLEX

## Hormone

DANDELION  
HOLY BASIL  
ACHYRANTHES ASPERA

Sweetened By: Berry Blend, Beet Root Powder, Stevia, Monk Fruit

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.  
\*Please consult your physician prior to using our product, especially if you are pregnant, nursing, taking medication, having a medical condition, or are unsure.*